



Course content and objectives for:
First Aid & Safety at Work (FASW) 20h
in collaboration with **Red Cross / St. John Ambulance**

“An employer shall ensure the presence at all times of such a number of such a number of first aiders as is adequate and appropriate in the circumstances for rendering first aid to his employees if they are injured or become ill at work.”

Reg.5. (1) LN 11, 2002.

Extract: Work Place (First Aid) Regulations, 2002 - (Act XXVII, 2000 – Cap 424)



Objectives:

By the end of the course, participants will be able to

- ✓ Deal with emergency situations
- ✓ Know the limits of basic first aid
- ✓ Familiarise themselves with First Aid regulations of 2002
- ✓ Be aware of the duties of the employer as to First Aid.



Method:

- ✚ By practical and theoretical examples
- ✚ Powerpoint presentation, video/dvd clips
- ✚ Discussion/Class exercises
- ✚ Handouts

Contents:

Hours	Content
4h	Legal perspective of First Aid, Safety at the workplace and highlights of accident prevention – delivered by OHSa trainer.
14h	Practical and theoretical tuition by FA instructor in basic first aid at the work place.
2h	Evaluation test leading to a Certificate in Basic First Aid , valid for 3 years.